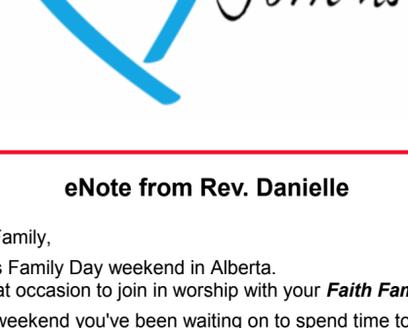




First United eNews

The place where you'll find up-to-date information about what's happening, what's new and what to expect in the church community.

February 14, 2013



eNote from Rev. Danielle

Dear First Family,

Hooray! It's Family Day weekend in Alberta.

What a great occasion to join in worship with your **Faith Family!**

This is the weekend you've been waiting on to spend time together creating memories and doing meaningful activities.

I can hear you shouting out: **"Hooray! This weekend we can go to church!"**

There's something for every member of the family!

Our children's program will be activities in our narthex.

Our youth will explore the same theme in their youth room during **"Life in the Basement" Ministry.**

Our worship theme will focus on the beginning of our Lent journey with the theme: 7 Last Words of Christ

Make worship part of your family day weekend! :)

see you then,
[Rev. Danielle](#)

New Worship Series!



This Sunday: Part 1
"Father, forgive them for they do not know what they are doing."
Luke 23:34

What is the significance of forgiveness? What happened in the bible story that led to Jesus praying this request? How can forgiveness change our relationships?

Join us this Sunday!

Holy Communion

Evening Worship in Light and Song

This Sunday at 7:00 p.m.

A candlelit service with music in the style of Taizé. Join with others in this gentle way that renews your spirit through prayer and song.



Faith Formation Corner

This week we begin the **season of Lent** which is traditionally a time of **spiritual reflection** leading up to Easter. Sometimes families decide on something they will **give up** or **change up** for the duration of the Lenten season.

Give up or **change up** can simply be a mindfulness practice – helping to draw attention to what we do and why we do it. It can be an interesting experience for your whole family as you learn to live without something for a short while, or change up your usual routine.

Adults – Two opportunities for spiritual reflection beginning this Sunday:

Prims – Spiritual Gifts Discovery: A 5 week look at our Spiritual Gifts

Sermon Conversations – a weekly drop-in opportunity to discuss the sermon over coffee

Family Day Long Weekend

This Sunday for Growing God's Children we will have a regular gathering time in worship, followed by some special activities for the children.

Faithfully yours,

[Nancy Chegus](#)

Faith Formation Coordinator



Naramata Centre — Welcome!

Sign up for Summer Programs!!

The Naramata Centre is a learning and retreat centre of the United Church of Canada. Located in the Okanagan Valley, the centre is open to people of all ages, backgrounds, and places along the journey of faith. Registration for Summer Programs is happening this week!

If you're looking for learning, spiritual nurture and renewal - this could be the place for you!

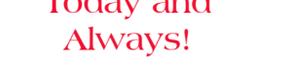
If you're looking for a summer job opportunity or to share your talents - check it out!

www.naramatacentre.net

For more info, please talk with Ted Griffiths. Ted has led art classes at Naramata and experienced the power of the community.



naramata centre
THE UNITED CHURCH OF CANADA



Gratitudes

Thank you to everyone came out for the pancake supper and carnival on Tuesday. Many thanks to the volunteers and to the Lemieux's for all that you did!

Pancake Supper and Carnival

Annual Report

Remember to pick-up your copy of the Annual General Report. They are available from the [church office](#).



Happy Valentine's Day

~
God's Love is Today and Always!

Please regularly check-out our website at fsunited.org to keep yourselves updated about our coming events, and to listen to our recorded sermons.

We invite you to spread the news about what God is doing through First United by forwarding this email to someone.

Questions or comments? E-mail us at fspc@shaw.ca or call 780-998-4060.

To remove your name from our mailing list, please [click here](#).

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Celebrating 130 Years Together 1882-2012